



CONSENT-SUBCISION

Consent- Subcision:

Consent

INTRODUCTION

This document is designed to explain to you the benefits and risks of having a **Subcision** procedure. Subcision is a procedure for treating scars or areas of the skin that are depressed. A needle is directed into the skin to break up the fibers that attach the scar to tissue below the surface, raising it back to the elevation of surrounding skin. It also promotes healing in the area, creating new connective tissue that repairs and smoothes the skin.

Alternative treatments: Non-operative treatments could include laser resurfacing, injectable fillers, fat injections or camouflage make-up. Surgical alternatives might include face-lift or facial implants.

Contraindications to Treatment: The following people should NOT have a subcision:

Those who have (or are)

- Infection at the injection site(s)
- Autoimmune disease that compromises collagen production
- Pregnancy
- History of Cold Sores on the Face (should be pre-medicated with anti-viral medication)
- Unrealistic expectations

Risks of Treatment: Following your treatment, you may experience pain, swelling and redness, and bruising. Although the majority of patients do not experience these complications, it is important that you understand the risks involved in having a subcision performed.

Risks of this procedure include, but are not limited to, the following:

- **Discomfort:** There is some discomfort from the small-gauge needle that is inserted under the skin. The area will be anesthetized prior and we will use cold air to increase comfort. Stinging or sharp pain may be present after the procedure and throughout the healing process.
 - **Bruising/swelling:** Bruising and swelling is common and expected. This typically peaks at 1-4 days but subsides by 1-2 weeks. There have been cases of prolonged bruising for 1 month or more.
 - **Scabbing** - A scab may be present at some of the subcision insertion sites. The scabbing will disappear during the natural wound healing process of the skin.
 - **Pigmentary Changes** - The treated area may heal with altered pigmentation (either lighter or darker skin). Discoloration of the treated area can occur although is uncommon and may last for months.
- **Infection:** Like any injection technique, an infection may rarely occur - Such signs are excess pain, swelling, redness, or drainage / pus. Any infection could last seven to ten days and could lead to scarring. Infections can usually be treated with topical or oral antibiotics. Severe infections are rare but may require drainage or surgery.
- **Scarring** - Although rare, there is a risk of scarring with this procedure at any time during the healing process. Nodules may form at subcision insertion sites. The scarring may be discolored and may be permanent.

Results: The duration of improvement from subcision treatments varies between patients. Multiple treatments are usually recommended and depend on a number of factors, including the size and depth of the area being treated. Full results may take several months to appear, but are usually long-lasting.

Patient Satisfaction: The effectiveness of subcision procedure depends on a number of factors, including the nature of the injury, your body's healing mechanism, the size and depth of the wound, and the thickness and color of your skin. Although most of our patients/clients are extremely satisfied with their results, results are variable. We cannot provide you with any guarantee of your results.

Post treatment care: Patients may experience mild swelling, discoloration and discomfort in the treated area for one to two weeks, but will likely experience immediate, noticeable results. Follow the instructions given to you by your provider and on the post-op info sheet. Failure to do so may result in sub-optimal results or side effects such as listed above.

Failure to Achieve Desired Results - It is very possible that this procedure may fail to achieve your desired results. Strict adherence to the pre-op and post-op instructions is essential. You may need to repeat your treatments to achieve the desired results.

Financial Responsibility: The treatments discussed in this document are cosmetic in nature and are not covered by insurance policies. Payment is required at the time of service, and in some cases, prior to service. You will receive a written quote for each treatment that is recommended for you that is valid for 90 days. Should the price change after 90 days you would be responsible for any increase in cost. If there are changes in the plan during the treatment you will be required to pay for any additional care. We do offer a line of credit financed through a financial services company.

Treatment Providers: Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block, MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 25 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

Disclaimer: What your Physician, Physician Assistant, Laser Provider, Licensed Esthetician, Licensed Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in these documents are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. It is important that you read the information contained in each consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

Do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block, MSN, RN, to perform the following procedure: **Subcision**

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photographic use for medical, scientific, and/or educational purposes for the appropriate portions of the face and/or body.

IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
THE ABOVE PROCEDURE TO BE UNDERTAKEN

THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
THERE ARE RISKS TO THE PROCEDURE PROPOSED
ANY QUESTIONS I MAY HAVE ASKED HAVE BEEN ANSWERED TO MY SATISFACTION

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form
I understand and I received a copy. I agree.