



CONSENT-QWO (COLLAGENASE CLOSTRIDIUM HISTOLYTICUM-AAES) INJECTION

Consent-QWO (collagenase clostridium histolyticum-aaes) Injection:

Consent

QWO (collagenase clostridium histolyticum-aaes) INJECTION INFORMED CONSENT

INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin. Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision about your treatment. Informed Consent documents are used to communicate information about treatments and disclosures of risk and alternative treatment(s). It is important that you read this document carefully and completely. Only when you have no questions or concerns do you indicate that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILITY

All cosmetic, injectable and laser, light or other energy-based treatments are considered a cosmetic procedure and therefore are not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive a financial quote for each treatment recommended for you that is valid for 90 days from the date of our recommendation. Should the price change after 90 days, you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS?

We have a variety of highly skilled providers for each of our services. Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszevska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 30 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER

What your Physician, Physician Assistant, Nurse, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in this document are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. It is important that you read the information contained in this consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

Please do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

WHAT IS QWO? QWO (collagenase clostridium histolyticum-aaes) is a combination of bacterial collagenases indicated for the treatment of moderate to severe cellulite in the buttocks of adult women. The potential benefits include lessening the appearance or depth of a true cellulite dimple in the buttocks. QWO is the first and only FDA-

approved injectable for cellulite. Enzymes called collagenases target the fibrous bands that are woven in the fat of the buttocks, causing a puckering of the skin. QWO is thought to work by releasing and dissolving those bands, redistributing fat cells, and stimulating the growth of new collagen.

Depending on the severity of dimple(s), QWO requires 3 treatments to achieve the desired aesthetic result. A treatment visit may consist of up to 2 treatment areas. A treatment area is defined as a single buttock receiving up to 12 injections, 0.3 mL each (up to a total of 3.6 mL). Treatment visits should be repeated every 21 days.

WHAT ARE ALTERNATIVE TREATMENTS? Other injectable treatments to improve the appearance of cellulite could include injectable fillers (such as hyaluronic acid fillers, Sculptra, or Radiesse), other injectables that target the structural causes of cellulite, laser & energy-based devices, radiofrequency microneedling (Genius or Profound), tissue tightening procedures (such as Thermage), muscle stimulation treatments, or fat injections. Surgical alternatives might include a buttock augmentation or other forms of plastic surgery.

WHO IS A GOOD CANDIDATE?

Patients with moderate to severe cellulite may be good candidates for this treatment. Patients must understand the risks, costs and time necessary to achieve the full benefit of the procedure and have realistic expectations of the ultimate outcome.

WHO IS NOT A GOOD CANDIDATE? You should not have this treatment if you:

- Are pregnant or nursing
- Are hypersensitive to collagenase or to any of the components in the formulation of QWO
- Have an active infection in the treatment area
- Have bleeding abnormalities
- Have an autoimmune disease that compromises collagen production or healing
- Have unrealistic expectations
- Are on high dosage of blood thinners (aspirin ≥ 150 mg), anti-platelet therapy or anticoagulant therapy
- Have significant medical problems that could interfere with your recovery

WHAT ARE THE RISKS? QWO is an injectable medication. It is important that you understand the risks involved in QWO. The most common adverse reactions were related to the injection site - bruising, pain, nodule, pruritis, erythema, discoloration, swelling and warmth.

Discomfort: There is some discomfort from the small-gauge needle that is inserted under the skin.

Bruising and Swelling: Bruising occurs frequently after a QWO administration. In the clinical trials, 84% of subjects treated with QWO experienced injection site bruising. The bruising can range from mild to very severe. Bruising typically peaks at 1 to 4 days but subsides by 1 to 2 weeks. There have been cases of prolonged bruising for 10-15 days. Discoloration of the treated area can occur, although is uncommon, and may last for months.

Infection: Like any injection technique, an infection may rarely occur and can usually be treated with topical or oral antibiotics. Severe infections are rare but may require drainage or surgery.

Nodule or areas of firmness: Small hard lumps or firmness with swelling can occur after QWO injections. These are typically temporary.

Hypersensitivity Reaction: Serious hypersensitivity reactions have been reported with the use of collagenase clostridium histolyticum. If such a reaction occurs, further injection of QWO should be discontinued.

Allergic Reaction: Despite low incidence of allergic reaction to QWO in clinical trials, anaphylaxis has also been reported with the use of collagenase clostridium histolyticum. Allergic reactions can result in swelling or redness that lasts beyond the normal time or is more severe. Please inform us if you have any previous allergies to any of the ingredients. If such a reaction occurs, further injection of QWO should be discontinued.

****You should seek immediate medical attention by dialing 911 if anything of the following symptoms after your QWO treatment:**

Signs of an allergic reaction (hives, rash, wheezing or difficulty breathing, dizziness and fainting, swelling around the mouth, throat or eyes, chest pain, and/or a fast heart rate, or sweating)

***A special note on Covid-19: If you have an undetected COVID-19 infection or develop one in the few months after the procedure, we do not know if this will affect healing or have unknown side effects.

WHAT ARE THE RESULTS? The duration of improvement and reduction of cellulite varies between patients. Although some may be seen sooner, results are usually visible after the 3rd QWO treatment.

ARE PATIENTS SATISFIED? A treatment may not work as well or for long as long as expected, and may be effective for variable lengths of time. Although most of our patients are extremely satisfied with their results, results are variable. We cannot provide you with any guarantee of your results.

WHAT IS POST-TREATMENT CARE? Please follow the instructions given to you by your provider and on the post-treatment handout. Failure to do so may result in sub-optimal results or side effects such as those listed above.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, and Elana Block MSN, RN to perform the following procedure: **QWO (collagenase clostridium histolyticum-aes)**

The above procedure, risks and benefits have been explained to me in a way that I understand.

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedure that are in his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photography use for medical, scientific, and/or educational purposes for the appropriate portion of the face and/or body.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

All questions I have asked have been answered to my satisfaction.

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form I understand and I received a copy. I agree.