



CONSENT-PEEL FACIAL

Consent:

Consent Aesthetics

INFORMED CONSENT INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin.

Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision. Informed Consent documents are used to communicate information about treatments, along with disclosure of risk and alternative treatment(s). It is important that you read these documents carefully and completely.

Only when you have no questions or concerns do you initial each page, indicating that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILITY: All cosmetic, injectable and laser, light or other energy-based treatments are considered a cosmetic procedure and therefore not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive Financial Protocols for each treatment that is recommended for you that are valid for 90 days from the date of our recommendation. Should the price change after 90 days you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS: We have a variety of highly skilled providers for each of our services. Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block, MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 20 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER: What your Physician, Physician Assistant, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in these documents are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. It is important that you read the information contained in each consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

CHEMICAL PEEL, SONOFACIAL™, SILK PEEL, AND MEDICAL FACIAL: INFORMED CONSENT BOOKLET

INTRODUCTION: A chemical peel is a procedure that renews the skin by lifting dead cells off the surface of your skin which stimulates the metabolism of the skin cells. A series of chemical peels can help improve the appearance of uneven pigmentation, superficial lines, and skin dullness and can make your skin look and feel softer, smoother, and more radiant. Enlarged pores and acne breakouts may also be improved. These peels and facials exfoliate and accelerate the cell renewal process, stimulate collagen synthesis, and improve elastin fibers in the dermis, revealing a more youthful and radiant complexion. The **SonoFacial™** uses electrical current and ultrasonic energy to propel skincare products deep into the skin where collagen and elastic tissue can be repaired. After a SonoFacial™ the skin will feel intensely hydrated and can also calm the redness in the skin. Each treatment takes 15-60 minutes and you can usually apply makeup, return to work, or activities of daily living immediately, without "down-time." We have developed Medical Facials based on the SonoFacial™ treatment, to offer an overall skincare program to rejuvenate, hydrate, cleanse, balance and decongest the skin. These are designed to produce clinical results with all of the pampering aspects of a traditional spa facial. We will determine which treatment will best benefit your specific skin conditions.

Types of Peels:

SALICYLIC ACID: We offer 3 chemical peels that use salicylic acid (found in willow bark) which gently exfoliates the dead surface cells, promotes regeneration and renewal of the skin and penetrates pores to dissolve sebum and cellular debris. **β-liftx®** or **BetaPeel**, by Bioglan Pharmaceuticals, contains salicylic acid with patented MICROSPONGE® technology. The **Gel Peel SM** (by SkinCeuticals) combines 20% salicylic and 10% mandelic acids. The **gloModified Jessner 14%** (by gloTherapeutics) is made up of salicylic acid, lactic acid, and resorcinol.

GLYCOLIC ACID: The **Gel Peel GL** (by SkinCeuticals) combines 20% glycolic and 10% lactic acids to exfoliate the skin while reducing irritation and dryness, to revitalize sun damage and the appearance of fine lines and wrinkles.

ALPHAHYDROXY ACID (AHA PEEL)

Chemical peels are most successful when they are done in succession. For mild peels such as the BetaPeel, the Gel Peel GL and the Gel Peel SM, we usually recommend a series of 3-6 peels, 2 weeks apart. For more moderate peels such as the gloModified Jessner Peel, we recommend 2-3 treatments scheduled 2-8 weeks apart. Subsequent treatments, after the initial series of treatments, are necessary to maintain the results achieved. These may also be combined with other treatments to achieve maximum results.

ALTERNATIVE TREATMENT: Alternatives include camouflage makeup, Cosmelan, other peels, Photorejuvenation, laser resurfacing, laser peels, Fraxel®, physician prescribed skincare products, and cosmetic plastic surgery.

WHO IS A GOOD CANDIDATE: Individuals who desire improvement in acne, textural irregularities, sun-damage, dull skin, dry or oily skin, enlarged pores and hyper-pigmentation are good candidates for these procedures.

WHO IS NOT A GOOD CANDIDATE: Patients who are pregnant, have open wounds, cuts or abrasions in the treatment area, or are allergic to any of the ingredients of any peel, including aspirin (for salicylic peels) and almonds (for mandelic peels), should not have chemical peels, or SonoFacials. Patients who are at greater risk of adverse reactions include those with a history of herpes simplex (cold sores), those with collagen disease or autoimmune disorder, Isotretinoin (Accutane®) users, very sensitive skin, and who have recently had plastic surgery or radiation treatment. Other medical conditions and atopic skin reactions may require special care instructions from our medical providers. Patients who have any metal devices or titanium plates of any type, or a cardiac pacemaker is not a candidate for the SonoFacial™.

PRE TREATMENT CARE: Follow the instructions given to you by your provider and on the pre-op info sheet. Failure to do so may result in sub-optimal results or side effects such as listed above.

RISKS: It is important that you understand the risks involved with Chemical Peels, SonoFacials™ and Medical Facials.

SKIN WOUND, INFECTION, AND SCARRING: An open or closed skin wound may occur. Any unexpected wound, pain, redness or pus should be reported to your treatment provider promptly and may need additional treatment. Skin wounds may lead to permanent scarring, even if treated. Infection is possible with inflammation, heating or opening of the skin. Infections may lead to permanent scarring, even if treated.

REDNESS, FLAKING, AND SENSITIVITY: Slight redness and skin sensitivity, as well as peeling or flaking can occur for a period of a few days to weeks. Some patients experience slight stinging, burning, or itching during this time.

DISCOMFORT: During a chemical treatment, you may feel a minor burning sensation for a few minutes. A cold air device or fan used during the treatment reduces this discomfort.

HYPOPIGMENTATION AND HYPERPIGMENTATION: Changes in the pigmentation (too little or too much) of the skin may occur after treatment. Any change in color of the skin that is not expected should be reported to your treatment provider and may need additional treatment. Pigmentation changes may become permanent, even with additional treatment.

MULTIPLE TREATMENTS AND MAINTENANCE TREATMENTS: The response of aging facial changes to treatments varies between patients and some individuals require more treatments to obtain the desired facial rejuvenation. Improvements you achieve after your initial recommended series of treatments will not be permanent and maintenance sessions will be required every four to six weeks to maintain your enhanced skin tone. The frequency will be determined based on your specific conditions.

PATIENT SATISFACTION: Most of our patients/clients have been happy with their results, although results are variable and we cannot provide you with any guarantee of your results.

POST TREATMENT CARE: Follow the instructions given to you by your provider and on the post-op info sheet. Failure to do so may result in sub-optimal results or side effects such as listed above.

Do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block, MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. to perform the following procedure: **CHEMICAL PEEL, SONOFACIAL™, SILK PEEL, AND MEDICAL FACIAL**

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photographic use for medical, scientific, and/or educational purposes for the appropriate portions of the face and/or body.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
THE ABOVE PROCEDURE TO BE UNDERTAKEN
THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
THERE ARE RISKS TO THE PROCEDURE PROPOSED
ANY QUESTIONS I MAY HAVE ASKED HAVE BEEN ANSWERED TO MY SATISFACTION

I consent to the procedure and the above listed items. I am satisfied with the explanation.

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form
I understand and I received a copy. I agree.