



CONSENT-LASER HAIR REMOVAL

Consent:

Consent Laser Hair Removal INFORMED CONSENT INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin.

Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision. Informed Consent documents are used to communicate information about treatments, along with disclosure of risk and alternative treatment(s). It is important that you read these documents carefully and completely.

Only when you have no questions or concerns do you initial each page, indicating that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILITY: All cosmetic, injectable and laser, light or other energy-based treatments are considered a cosmetic procedure and therefore not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive Financial Protocols for each treatment that is recommended for you that are valid for 90 days from the date of our recommendation. Should the price change after 90 days you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS: We have a variety of highly skilled providers for each of our services. Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block, MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 20 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER: What your Physician, Physician Assistant, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in these documents are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. It is important that you read the information contained in each consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

LASER HAIR REMOVAL: INFORMED CONSENT BOOKLET

INTRODUCTION: Laser hair removal reduces unwanted hair, helps eliminate ingrown hairs and can improve folliculitis. Lasers are machines that produce a beam of light that has a specific biological target. Some lasers target pigment, so hair follicles or "age spots" absorb these. The target that absorbs the light converts it to heat and is modified or removed. We are using GentleLase by Syneron that can treat all skin types due to its dual wavelength abilities (755 nm and 1064 nm). This wavelength of laser does not interact with the pigment in the epidermis and therefore the CoolGlide® is The Prowave 770 is broadband infrared light. All lasers provide a series of gentle, no "down time" treatments that can yield on average 30%-90% permanent hair reduction.

ALTERNATIVE TREATMENT: Alternatives include shaving, plucking, waxing, depilatories and electrolysis.

WHO IS A GOOD CANDIDATE: Anyone who is looking for permanent hair reduction, who understands the risks, costs, time necessary to achieve the full benefit of the procedure and who has realistic expectations of the ultimate outcome.

WHO IS NOT A GOOD CANDIDATE: If you are pregnant, have been on Isotretinoin (Accutane) within 3 months, or have an active cold sore in the treatment area you should not have this procedure. If you are tanned or have recently been exposed to the sun in the area you are having treated, you may be more susceptible to potential side effects such as blisters or crusts and/or your treatment may need to be reduced in intensity or postponed until the tan fades. Patients with pacemakers or internal defibrillators should not have procedures done with radio-frequency.

PRE TREATMENT INSTRUCTIONS: Visible hair is necessary in order to effectively remove it, but it need not be long. Do not wax or pluck before a treatment. You may shave or cut the hair. You also may not be tan or recently exposed to the sun in the area to be treated at the time of treatment. You will need to postpone your treatment until the tan fades.

RISKS: Every medical procedure involves a certain amount of risk and it is important that you understand the risks involved in Laser Hair Removal.

DISCOMFORT: Some discomfort during the procedure likened to the snapping of a rubber band occurs. Most people find this to be mild and tolerable. We use cold air to minimize any discomfort but you may also purchase a topical anesthetic that needs to be applied 30-60 minutes prior to your treatment.

REDNESS AND SWELLING: Short-term immediate risks include prolonged redness at the area being treated, although usually this dissipates before you leave the office or within 1-2 hours. Swelling can also occur and although rather uncommon, could last for a 3-7 days.

BRUISING: Bruising is also uncommon, although the risk increases if you take aspirin products or are on blood thinners. Bruises are temporary and resolve in 1-2 weeks.

SKIN WOUND, INFECTION, AND SCARRING: An open or closed skin wound may occur. Any unexpected wound, pain, redness or pus should be reported to your treatment provider promptly and may need additional treatment. Skin wounds may lead to permanent scarring, even if treated. Infection is possible with inflammation, heating or opening of the skin. Infections may lead to permanent scarring, even if treated.

HYPOPIGMENTATION AND HYPERPIGMENTATION: Changes in the pigmentation (too little or too much) of the skin may occur after treatment. Any change in color of the skin that is not expected should be reported to your treatment provider and may need additional treatment. Pigmentation changes may become permanent, even with additional treatment.

EYE DAMAGE: All lasers are dangerous to the eye. Proper eye protection is required and will be provided with all laser treatments. Failure to use proper eye protection can lead to permanent eye damage, including blindness.

PARADOXICAL HYPERTRICHOSIS: Paradoxical hypertrichosis, is a rare side effect of laser hair removal. Although it occurs at a low incidence, up to 10% of patients experience increased hair growth at sites that were treated with laser for hair removal. Paradoxical trichosis occurs more commonly on the face and neck. Please inform your provider if you notice increased hair growth after your treatment(s).

MULTIPLE TREATMENTS AND MAINTENANCE TREATMENTS: Specific areas of hair growth are easier to remove than others. Underarms, bikini lines, and legs respond better when treated, whereas more treatments are needed to remove facial hair, due to the affect of hormones. The average number of treatments ranges from 3-10 visits because at any given time, only a fraction of hairs are in the "growing phase" (anagen cycle). Only anagen hairs can be effectively removed with laser because the "resting phase" (telogen) hairs do not have mature pigment at their follicle bulb that is the target for the light. Thus, one treatment will sometimes only get 30% of the hairs because only those hairs have enough pigment to be destroyed. The FDA has approved our lasers for "permanent hair reduction." Data has shown that about 30-90% of the hair does not grow back for one year after the end of the treatment cycle. Of course, this assumes the appropriate treatment and the correct number of treatments for each individual, all of which can be variable. We cannot guarantee 100% permanent hair removal. People do need additional treatments to maintain results over time.

LASER HAIR REMOVAL PREP: We advise that you shave the area to be treated 1-2 days prior. This will allow for better results. If your provider needs to shave the area prior to treatment, you will be charged \$25. *****

PATIENT SATISFACTION: Most of our patients/clients have been happy with their results, although results are variable and we cannot provide you with any guarantee of your results.

POST TREATMENT CARE: Follow the instructions given to you by your provider and on the post-op info sheet. Failure to do so may result in sub-optimal results or side effects such as listed above.

Do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block, MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. to perform the following procedure: **LASER HAIR REMOVAL**

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photographic use for medical, scientific, and/or educational purposes for the appropriate portions of the face and/or body.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
THE ABOVE PROCEDURE TO BE UNDERTAKEN
THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
THERE ARE RISKS TO THE PROCEDURE PROPOSED
ANY QUESTIONS I MAY HAVE ASKED HAVE BEEN ANSWERED TO MY SATISFACTION

I consent to the procedure and the above listed items. I am satisfied with the explanation.

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form
I understand and I received a copy. I agree.