



CONSENT-INJECTABLE FILLERS

Consent:

Consent

INJECTABLE FILLERS INFORMED CONSENT

INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin. Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision about your treatment. Informed Consent documents are used to communicate information about treatments and disclosures of risk and alternative treatment(s). It is important that you read this document carefully and completely. Only when you have no questions or concerns do you indicate that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILITY

All cosmetic, injectable and laser, light or other energy-based treatments are considered a cosmetic procedure and therefore are not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive a financial quote for each treatment recommended for you that is valid for 90 days from the date of our recommendation. Should the price change after 90 days, you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS?

We have a variety of highly skilled providers for each of our services. Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 30 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER

What your Physician, Physician Assistant, Nurse, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in this document are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. It is important that you read the information contained in this consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

Please do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

WHAT ARE INJECTABLE FILLERS? Injectable fillers are liquefied substances or gels injected into the skin for purposes of rejuvenation. The potential benefits include lessening the appearance or depth of a wrinkle, furrow, or groove such as nasolabial folds, marionette lines, under eye hollows, sunken cheeks, thin lips, temples, wrinkled

ear lobes, down-turned lip corners and/or wrinkles around the mouth without having to undergo a surgical procedure. The goal is to enhance your natural looking aesthetic appearance.

There are many brands of FDA- approved injectable fillers made from hyaluronic acid (HA) including Juvederm® Ultra XC, Juvederm® Ultra Plus XC, Juvederm® Voluma XC, Juvederm® Volbella XC, Juvederm® Vollure XC, Restylane®, Restylane® Lyft, Restylane® Refyne, Restylane® Defyne, Restylane® Silk, Restylane® Kysse and Belotero® Balance. Hyaluronic acid is naturally found in human skin and holds water to provide a plumping effect. Injectable fillers are genetically engineered hyaluronic acids manufactured by bacteria and have very low reported incidence of allergic reaction. Hyaluronic acids are temporary injectable products with clinical effects lasting 4 to 24 months, depending on the type, amount and location, and will require repeat injections to maintain the desired aesthetic result.

Sculptra® is an FDA-approved filler made from poly-L-lactic acid (a synthetic biocompatible). Sculptra® creates scaffolding under the skin that stimulates your own collagen to fill in over time. While Sculptra® is most often used to improve volume defects in the face, Sculptra® can also be used on other areas of the body. Injection off of the face is "off-label" and up to the discretion of the treating provider. Sculptra® is performed in a series of 2 to 4 treatments every 1 to 3 months, as it gradually increases skin volume. The results can last 1 to 5 years after a series of injections.

Radiesse® is an FDA-approved filler made from calcium hydroxylapatite. It is approved for use on the nasolabial folds and the back of the hand. This fills and also stimulates your own collagen. It is also used off-label for cheeks, jawline, neck and chest. When used on the body it is often diluted with sterile saline to reduce the thickness for more delicate areas.

All of these fillers are routinely used in an off-label manner. Off-label means that although the FDA approved these fillers, they may not have approved them for the location we are using them for, or with a cannula instead of a needle. Also if we blend the fillers, such as with Radiesse®, this is not FDA approved. Off-label is legal, but has not been evaluated specifically for safety by the FDA.

We can explain to you how or why we might choose one brand versus another in your consultation.

WHAT ARE ALTERNATIVE TREATMENTS? Non-surgical treatments could include laser resurfacing, radiofrequency microneedling (Genius or Profound), myofascial stimulation (Pan G Lift), tissue tightening procedures such as Ultherapy, Thermage, Pelleve or Titan, injectable threads and fat injections or camouflage makeup. Surgical alternatives might include face lift, brow lift, or facial implants.

WHO IS A GOOD CANDIDATE?

Patients with laxity and volume loss of the face may be good candidates for this treatment. Patients must understand the risks, costs and time necessary to achieve the full benefit of the procedure and have realistic expectations of the ultimate outcome.

WHO IS NOT A GOOD CANDIDATE? You should not have this treatment if you:

- Are pregnant or nursing
- Are hypersensitive to lidocaine or other ingredients in the filler
- Have an active infection in the treatment area
- Have an autoimmune disease that compromises collagen production (for Sculptra)
- Have unrealistic expectations
- Are on blood thinners (bruising may be excessive)
- Have significant medical problems that could interfere with your recovery

WHAT ARE THE RISKS? Injectable fillers are medical procedures and it is important that you understand the risks involved in injectable filler treatment.

Discomfort: There is some discomfort from the small-gauge needle that is inserted under the skin. There is anesthetic mixed in with many of the products. We usually use cold air or ice to increase comfort.

Bruising and Swelling: Bruising and swelling are common and expected. This typically peaks at 1 to 4 days but subsides by 1 to 2 weeks. There have been cases of prolonged bruising for 1 month or more. Discoloration of the treated area can occur, although is uncommon, and may last for months.

Infection: Like any injection technique, an infection may rarely occur and can usually be treated with topical or oral antibiotics. Severe infections are rare but may require drainage or surgery.

Asymmetry: There is usually some asymmetry in each person's face. If the injectable filler accentuates or causes this, it can usually be corrected with a small amount of additional filler or hyaluronidase, which dissolves HA fillers only. However, we cannot guarantee that symmetry can be achieved.

Herpes Simplex (Cold Sores): If you have had a facial cold sore, injectable filler may provoke an outbreak or you could develop a new one.

Giant Cell Reaction: Extremely rare, a large lump where the injection took place can develop that can be warm to the touch, hard and pigmented like a bruise. This usually resolves with warm compresses and antibiotics.

Granuloma or bump: Rarely a granuloma or bump can form, which is a small hard lump. These may last for years or be permanent. This is more likely with Sculptra, although all precautions are taken to avoid it.

Blindness: Blindness has been reported as a result of injectable fillers. If you have any visual disturbances (including, but not limited to, any loss of vision, blurry vision, double vision, associated headache, pain in or around the eye, blind spot or shadow in the visual field, trouble moving eyes, etc.) after your treatment, notify your provider immediately.

Stroke: Stroke has been reported with injectable fillers. If you have any symptoms such as dizziness, confusion, loss of movement in face, arms or legs or difficulty speaking, call 911 immediately.

Skin Necrosis or Vascular Compromise: While very rare, unintentional injection into a blood vessel and/or reducing blood flow has been reported with injectable fillers, which can be serious and could cause permanent damage or scarring of the skin. Early signs of a vascular occlusion or vascular compromise will include immediate blanching (paleness, tissue turns white) when the blood flow is interrupted. This may or may not be in the area of injection. You may also have pain in this area. Delayed signs of a vascular compromise might include worsening or increasing redness, pain, and discoloration that may or may not resemble bruising. If you experience any of the above symptoms after your treatment, notify your provider immediately.

Scarring: In a rare event, a scar or permanent discoloration may develop.

Allergic Reaction: Despite very low incidence of allergic reaction to injectable filler (1 in 10,000), it can occur. Allergic reaction to the injectable treatment product or to local anesthetic (lidocaine) can result in swelling or redness that lasts beyond the normal time or is more severe. Please inform us if you have any previous allergies to any of the ingredients.

COVID-19 Update: There have been reports of episodes of swelling in subjects who has facial fillers prior to the Covid vaccine in addition to rare instances of swelling with other vaccines, illnesses and infections. In the known cases, all of the subjects symptoms resolved with treatment. We are informing you that this is a potential although very rare possibility. We do not recommend that you have fillers within 2 weeks of a COVID vaccine or any dental work (either before or after).

****You should seek immediate medical attention by dialing 911 if anything of the following symptoms after your filler treatment:**

Signs of an allergic reaction (rash, wheezing or difficulty breathing, dizziness and fainting, swelling around the mouth, throat or eyes, and/or a fast heart rate, or sweating)

Severe dizziness

Confusion

Weakness or numbness of the arms or legs

Changes to consciousness or alertness
Difficulty speaking or speech impairment
Facial drooping

***A special note on Covid-19: If you have an undetected COVID-19 infection or develop one in the few months after the procedure, we do not know if this will affect healing or have unknown side effects.

WHAT ARE THE RESULTS? The duration of improvement with injectable filler varies between patients. Results are usually visible for hyaluronic acid fillers immediately, but take 2 to 4 weeks to settle in. Depending on the fillers, they may last for 4 to 24 months. Sculptra? requires a series of treatments and takes effect more slowly but can last up to 2 to 5 years. Radiesse usually lasts up to 1 year.

ARE PATIENTS SATISFIED? Injectable filler usually gives excellent satisfaction. Sometimes tweaking needs to be performed (massage, adding more or dissolving some) in the month following the injection to have optimal results. A treatment may not work as well or for long as long as expected, and may be effective for variable lengths of time. Although most of our patients are extremely satisfied with their results, results are variable. We cannot provide you with any guarantee of your results.

WHAT IS POST-TREATMENT CARE? Please follow the instructions given to you by your provider and on the post-treatment handout. Failure to do so may result in sub-optimal results or side effects such as those listed above.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, and Elana Block MSN, RN to perform the following procedure: **Injectable Fillers**

The above procedure, risks and benefits have been explained to me in a way that I understand.

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedure that are in his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photography use for medical, scientific, and/or educational purposes for the appropriate portion of the face and/or body.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

All questions I have asked have been answered to my satisfaction.

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form I understand and I received a copy. I agree.