CONSENT-FRAXEL

Consent:

Consent

FRAXEL® LASER TREATMENT INFORMED CONSENT

INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin.
Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision about your treatment. Informed Consent documents are used to communicate information about treatments and disclosures of risk and alternative treatment(s). It is important that you read this document carefully and completely. Only when you have no questions or concerns do you indicate that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILTY

All cosmetic, injectable and laser, light or other energy-based treatments are considered cosmetic procedures and therefore are not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive a financial quote for each treatment recommended for you that is valid for 90 days from the date of our recommendation. Should the price change after 90 days, you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS?

We have a variety of highly skilled providers for each of our services. Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 30 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER

What your Physician, Physician Assistant, Nurse, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in this document are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. This form is designed to give you the information you need to make an informed choice of whether or not to undergo this treatment. If you have any questions, please do not hesitate to ask. It is important that you read the information contained in this consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.
Please do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

WHAT IS FRAXEL®? Fraxel® Laser Treatment is a laser therapy that produces thousands of tiny, columns of precisely wounded skin, known as microthermal zones (MTZ). This "fractional" treatment (like aerating your

lawn) allows the skin to heal much faster because there is normal skin between the wounded areas. Fraxel® Laser Treatment is cleared by the FDA for soft tissue coagulation, skin resurfacing procedures, and for correction of periorbital wrinkles and pigmented lesions, including age spots, melasma, sun spots and skin discoloration, and treatment of actinic keratoses (AKs). Many people report an improvement in "smoothness" of the skin, decreased pore size, increased luminosity, and decreased fine lines, reduction of pigment irregularity or blotchiness, and an overall "rejuvenated appearance."

Fraxel® Laser Treatment offers two different wavelengths, the Re:Store wavelength which is 1550 nm and the Thulium wavelength which is 1927 nm. These wavelengths can be used by themselves or together. When used alone, we call the procedure Fraxel® Thulium or Fraxel® Re:Store; when used together, we call the treatment Fraxel® Dual. The Re:Store works better for scars and deeper wrinkles, whereas the Thulium helps with superficial sun damage and fine lines.

WHAT ARE ALTERNATIVE TREATMENTS? Alternatives to Fraxel® Laser Treatment include laser photorejuvenation with photodynamic therapy, eMatrix™ sublative resurfacing, Lutronic LaseMD Ultra™, other brands of non-ablative resurfacing, collagen induction therapy (microneedling), and carbon dioxide fractional resurfacing. Combination therapies may be recommended.

WHO IS A GOOD CANDIDATE?
Good candidates include anyone who has sun damaged, aging skin, pigmentation, wrinkles, scars or irregular texture of the skin or other skin conditions expected to improve with this treatment. Good candidates understand the risks, costs and time necessary to achieve the full benefit of the procedure and have realistic expectations of the ultimate outcome.

WHO IS NOT A GOOD CANDIDATE?
You should not have this treatment if you:
Are pregnant or nursing
Are currently taking isotretinoin (Accutane) or have taken it in the past 6 months
Are allergic to topical lidocaine or prilocaine (anesthetic creams)
Have an active infection in the treatment area
Expect to have significant sun exposure during the treatment cycle or for 3 months after treatment
Have a history of cold sores on the face (should be pre-medicated with anti-viral medication)
Have very sensitive skin or are highly susceptible to acne breakouts (may need to be on oral antibiotics during the course of treatment)
Are not willing to follow post-treatment instructions for proper care/healing of your skin after treatment
Have unrealistic expectations

WHAT ARE THE RISKS? Every medical procedure involves a certain amount of risk and it is important that you understand the risks involved in treatments performed with Fraxel® Laser Treatment.

Discomfort: Some discomfort is experienced during this procedure. We will apply topical anesthetic to the treatment area 60 minutes prior to treatment. The discomfort with the Fraxel® may be described as a burning sensation or pinpricks. You may experience burning and heat for 30 minutes to a few hours after the procedure. If the discomfort is intolerable we can use Nitronox (inhaled nitrous oxide and oxygen combination) or nerve blocks (anesthetic injections).

Redness and Swelling: You will experience a sunburn sensation for 1-3 hours after treatment. Redness and swelling will vary depending upon your skin and the treatment intensity. Swelling generally resolves in 2-3 days, but can last longer. Your skin will have a pinkish tone for 5-7 days, which is a normal sign that skin is healing. Uncommonly, redness can last longer or may induce a new flare of rosacea, even if you have never had it.

Peeling and Flaking: New epidermal skin develops immediately (within 24 hours). Your skin will have a bronze appearance for 3 to 14 days, depending on the treatment level. Your skin will naturally exfoliate as the reorganized skin replaces dead tissue. Flaking is similar to a minor sunburn, but without pain.

Infection and Scarring: An open or closed skin wound may occur. Any unexpected wound, pain, redness or pus should be reported to your treatment provider promptly and may need additional treatment. Skin wounds or infection may lead to permanent scarring, even if treated promptly.

Acne and/or Rosacea: Fraxel® can trigger temporary flare-ups of acne or rosacea. Please let your provider know if you are prone to acne or rosacea so pre-treatment with antibiotics can be considered. Acne or rosacea can also be treated post-treatment using antibiotics and/or topical medication.

Hypopigmentation and Hyperpigmentation: Changes in the pigmentation (too little or too much) of the skin may occur after treatment. Patients with melasma are at an increased risk of worsening pigmentation. Any change in color of the skin that is not expected should be reported to your treatment provider. Advanced Dermatology, LLC will not be financially responsible if this occurs. Your provider will perform a thorough assessment and collaborative effort to determine if additional treatment is necessary. Pigmentation changes may become permanent, even with additional treatment.

Herpes Simplex (Cold Sores): Laser treatment may cause herpes viral infections to reactivate and it is important to notify your provider if you have any history of herpes infections. You may be pre-treated with medication if you are prone to cold sores.

Eye Damage: All lasers are dangerous to the eye. Proper eye protection is required and will be provided with all laser treatments. Failure to use proper eye protection can lead to permanent eye damage, including blindness.

***A special note on Covid-19: If you have an undetected COVID-19 infection or develop one in the few months after the procedure, we do not know if this will affect healing or have unknown side effects.

WHAT ARE THE RESULTS? Clinical studies suggest an average treatment regimen is 2 sessions (for Fraxel® Thulium and Dual) to 5 sessions (deep acne scarring with Fraxel® Re:Store), 3 to 4 weeks apart. Depending upon the concern, area treated, and severity, several treatments may be required at intervals specified by the provider. Optimal improvement is usually visible 3 to 6 months after your treatment series.

ARE PATIENTS SATISFIED? Most of our patients are happy with their results, although results are variable and we cannot provide you with any guarantee of your results. We do require that you participate in our photographic assessment (ie let us take high quality photos of you), in order to accurately gauge progress and/or determine next steps.

WHAT IS POST TREATMENT CARE? There is specific post treatment care that has been researched and put together for optimal healing after this treatment. You may be required to pick up these products before your treatment. Please follow the instructions given to you by your provider and on the post-treatment handout. Failure to do so may result in sub-optimal results or undesirable side effects such as those listed above.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. to perform the following procedure: **FRAXEL® LASER TREATMENT**

The above procedure, risks and benefits have been explained to me in a way that I understand.

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedure that are in his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photography use for medical, scientific, and/or educational purposes for the appropriate portion of the face and/or body.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

All questions I have asked have been answered to my satisfaction.

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form I understand and I received a copy. I agree.