CONSENT-DERMAPLANING

Consent- Dermaplaning:

Consent Aesthetics

DERMAPLANING INFORMED CONSENT

INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin.

Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision about your treatment. Informed Consent documents are used to communicate information about treatments and disclosures of risk and alternative treatment(s). It is important that you read this document carefully and completely. Only when you have no questions or concerns do you indicate that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILTY

All cosmetic, injectable and laser, light or other energy-based treatments are considered cosmetic procedures and therefore are not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive a financial quote for each treatment recommended for you that is valid for 90 days from the date of our recommendation. Should the price change after 90 days, you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS?

We have a variety of highly skilled providers for each of our services. Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm.all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 30 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER

What your Physician, Physician Assistant, Nurse, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in this document are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. This form is designed to give you the information you need to make an informed choice of whether or not to undergo this treatment. If you have any questions, please do not hesitate to ask. It is important that you read the information contained in this consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

Please do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

WHAT IS DERMAPLANING? Dermaplaning is physical or mechanical exfoliation by scraping the skin using a sterile surgical blade held at a 45-degree angle. Dermaplaning rejuvenates the skin by removing the outermost layer of dead skin cells and fine, wispy hairs on the surface of the skin of the face and neck. Dermaplaning can be

used to prep the skin prior to peels, microdermabrasion treatments and to increase penetration of active ingredients in the treatment room and for home care products. It also leaves the skin smooth, supple, and vibrant.

WHAT ARE ALTERNATIVE TREATMENT OPTIONS? Alternatives include laser hair removal (if applicable to the type of hair being treated, waxing, and shaving.

WHO IS A GOOD CANDIDATE? Individuals who desire a smoother vibrant appearance to their skin, better penetration of products, and reduction of fine hairs on the surface of skin are good candidates for this procedure. All skin types can be treated with dermaplaning, as there is no laser or light being delivered into the skin. Men can be dermaplaned on non-beard areas only.

WHO IS NOT A GOOD CANDIDATE? Patients with the following conditions are not good candidates for the treatment:
Undergoing cancer treatment
Uncontrolled diabetes (not being treated with diet or medication)
Active cold sores (should be rescheduled after cold sore resolves)
Active acne breakouts (should be rescheduled after acne resolves)
Currently using topical retinoids (discontinue 7-14 days before procedure)
Are on Accutane (isotretinoin) or have taken Accutane within the past month
Moles or skin tags in treatment area (can be avoided)
Open wounds, cuts or abrasions at the treatment area
Blood thinners or history of bleeding problems
History of poor healing

WHAT IS PRE-TREATMENT CARE? Please follow the instructions given to you by your provider. Failure to do so may lead to sub-optimal results or side effects.

Waxing: Coarse hair will need to be waxed or tweezed before treatment. Dermaplaning is not recommended over newly waxed areas.

Chemical Peel: Dermaplaning can be used to prep the skin prior to a chemical peel. It is not advised that both are performed at the first visit on the same day. Each treatment should be performed at least 2 weeks apart before combining them.

WHAT ARE THE RISKS? Dermaplaning is safe when performed by a professionally trained skin care specialist using the appropriate methods and tools. Every medical procedure involves a certain amount of risk and it is important that you understand the risks involved in treatments performed with Dermaplaning. The skin should not bleed unless excessive scraping, nicks and cuts occur with improper technique. Please let your esthetician know if you are experiencing excessive discomfort as this is unusual.

Redness, Flaking and Sensitivity: The skin may appear slightly pink or flushed after the treatment and may last up to a few hours. Slight skin sensitivity, as well as peeling, flaking or itching can occur with some patients.

Infection and Scarring: An infection may rarely occur and can usually be treated with topical or oral antibiotics. Severe infections are rare but may require drainage or surgery. Infections may lead to permanent scarring, even if treated.

Discomfort: Some patients experience slight or mild scratching sensation during the treatment which may be uncomfortable but is not usually painful.

Post-Inflammatory Hyperpigmentation (PIH): PIH is a concern for patients with darker skin tones. Any treatment that triggers an inflammatory response can stimulate increased melanocyte activity. PIH is usually temporary and can last weeks to months. In some cases, PIH can be permanent. Patients prone to PIH may consider prepping the skin with a lightening product (such as hydroquinone or other brightening ingredients). Please follow your provider's recommendations for skin care including strict sun protection, as sun exposure can increase the risk of PIH.

Acne Flare: Acne can occur just from mechanical irritation. Acne flares can be treated but may occur.

***A special note on Covid-19: If you have an undetected COVID-19 infection or develop one in the few months after the procedure, we do not know if this will affect healing or have unknown side effects.

WHAT ARE THE RESULTS? The response of aging and facial changes to treatments varies between patients. Some individuals require more treatments to obtain the desired results. Results are usually temporary. Some improvements after Dermaplaning can be seen immediately and others can be achieved after your initial recommended series of treatments and/or maintenance treatments. The frequency will be determined based on your specific conditions and skin care goals. Combination therapies may be recommended.

ARE PATIENTS SATISFIED? Most of our patients are happy with their results, although results are variable and we cannot provide you with any guarantee of your results.

WHAT IS POST-TREATMENT CARE? Please follow the instructions given to you by your provider and on the post -treatment handout. Failure to do so may results in sub-optimal results or side effects such as those listed above.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. to perform the following procedure: **DERMAPLANING**

The above procedure, risks and benefits have been explained to me in a way that I understand.

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedure that are in his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photography use for medical, scientific, and/or educational purposes for the appropriate portion of the face and/or body.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

All questions I have asked have been answered to my satisfaction.

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form I understand and I received a copy. I agree.