



CONSENT-CO2RE FRACTIONAL CARBON DIOXIDE LASER RESURFACING

Consent-CO2RE Fractional Carbon Dioxide Laser Resurfacing :

CO2RE Consent

INFORMED CONSENT INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin.

Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision. Informed Consent documents are used to communicate information about treatments, along with disclosure of risk and alternative treatment(s). It is important that you read these documents carefully and completely.

Only when you have no questions or concerns do you initial each page, indicating that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILITY: All cosmetic, injectable and laser, light or other energy-based treatments are considered a cosmetic procedure and therefore not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive Financial Protocols for each treatment that is recommended for you that are valid for 90 days from the date of our recommendation. Should the price change after 90 days you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS: We have a variety of highly skilled providers for each of our services: Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm. all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 20 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER: What your Physician, Physician Assistant, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in these documents are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. It is important that you read the information contained in each consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

CO2RE™ Fractional Carbon Dioxide Laser Resurfacing: INFORMED CONSENT BOOKLET

INTRODUCTION: The CO2RE procedure is a resurfacing treatment designed to remove layers of skin tissue in a fractionated method (by leaving surrounding tissue intact) to help reduce sun-damaged skin such as "age-spots" (also called sun freckles, liver spots, and lentigines), fine lines, wrinkles, scarring uneven coloration, skin laxity, textural irregularities dull skin tone, and a thinned collagen layer of face and body. CO2RE™ Fractional CO2 laser resurfacing uses a 10,600 nm wavelength to create areas of superficial and deep ablation and coagulation to activate skin remodeling and production of collagen at several tissue depths.

CO2RE Fractional Carbon Dioxide laser refreshes the skin leaving it brighter, lighter and more smooth in color and texture. Although patient response varies, the skin appears tighter and with less wrinkling than before. Usually this is a one procedure treatment, depending on the skin concern, such as if scarring is involved or if someone would rather have a lower downtime treatment (and thus have more treatments). Typically, a series of 1-3 laser treatments with the CO2RE Fractional Carbon Dioxide Laser are recommended depending on the desired result and initial severity of the condition; however, some patients may require additional treatments to achieve same results. Maintenance treatments may also be necessary to maintain results.

ALTERNATIVE TREATMENT: Alternatives to the CO2RE™ Fractional Laser Resurfacing treatment include camouflaging the problem areas with makeup, doctor-dispensed cosmeceutical creams, laser photorejuvenation, chemical peels, microdermabrasion, medical-grade facials, Fraxel, laser peels or other forms of laser resurfacing.

WHO IS A GOOD CANDIDATE: Anyone who has sun damaged, aging skin, irregularly pigmented skin, mild wrinkles, irregular texture of the skin or other skin condition that could be expected to be improved with this treatment that understands the risks, costs and time necessary to achieve the full benefit of the procedure and who has realistic expectations of the ultimate outcome.

WHO IS NOT A GOOD CANDIDATE: You should not have this treatment if you:

- - Are pregnant or nursing
- - Are currently taking isotretinoin (Accutane) or have taken it in the past 6 months
- - Are hypersensitive to lidocaine
- - Have an active infection in the treatment area
- - Expect to have significant sun exposure during the treatment cycle or for 3 months after treatment
- - Are not willing to follow post-treatment instructions for proper care/healing of your skin after treatment
- - Have unrealistic expectations
- - Have a history of melasma
- - Have a dark skin tone

PRE TREATMENT CARE: Follow the instructions given to you by your provider and on the pre-op info sheet. Failure to do so may result in sub-optimal results or side effects.

RISKS: Every medical procedure involves a certain amount of risk and it is important that you understand the risks involved in the treatment performed with the CO2RE™ Fractional Laser Resurfacing laser.

DISCOMFORT: Discomfort varies on the depth of the treatment. We apply a topical anesthetic and inject local anesthetic as well as prescribe sedative and pain medications to reduce discomfort. There isn't usually a lot of post procedure pain, mostly discomfort. After the treatment, most patients describe the post-procedure feeling as a bad sunburn for about 12 hours to 2 days. Your face will feel tight and will be somewhat uncomfortable until the skin has healed. Please also follow the instructions for all other prescribed pain medication is needed post treatment. If we are recommending pain or relaxation medications prior to treatment you will need to have somebody drive you home.

SWELLING AND OOZING: Swelling and oozing will vary with the depth of the treatment being performed and from patient to patient. A clear fluid may be present in the lasered areas and may create a crust (or scab) if the areas are not kept moist. Within 2 days, you may appear to have an exaggerated tan with crusting or slight micro-crusting that may last as long as two weeks. It is important that you follow all Post-Treatment Instructions for proper care of your skin during this time.

REDNESS: The laser-treated areas will appear red in color. After the first few days to a week, the redness can be camouflaged with makeup. The redness will fade to pink over the following couple of weeks, and normal skin color over the 1-6 months. Rarely, patients can have redness that persists even longer or does not resolve.

SKIN WOUND, INFECTION, AND SCARRING: The skin is wounded with this laser. An open wound will be evident for 3-7 days. Unexpected or increased pain after the first day or increased oozing or any unusual or non-healing areas should be reported immediately. An open or closed skin wound may occur. Any unexpected wound should be reported to your laser provider promptly and may need additional treatment. Skin wounds or infection may lead to permanent scarring, even if treated.

HYPOPIGMENTATION AND HYPERPIGMENTATION: Changes in the pigmentation (too little or too much) of the skin may occur after treatment. Any change in color of the skin that is not expected should be reported to your treatment provider and may need additional treatment. Pigmentation changes may become permanent, even with additional treatment.

EYE DAMAGE: All lasers are dangerous to the eye. Proper eye protection will be provided but must be used with all laser treatments. Failure to use proper eye protection can lead to permanent eye damage, including blindness.

ECTROPION: In rare instances, a downward pull of the eyelids can result after peri-orbital (around the eyes) laser resurfacing.

ACNE OR MILIA FORMATION: Flare-up acne or formation of milia can occur in the postoperative period.

HERPES SIMPLEX (Cold Sores): Laser treatment may cause herpes viral infections (cold sores) to reactivate and it is important to notify your provider if you have any history of herpes infections. You may be pre-treated with medication if you are prone to cold sores.

MEDICATIONS: We recommend prophylactic medications to prevent cold sores, yeast, and infection. Please follow the instructions for each medication as they are recommended by your Provider.

MEDICAL ANESTHESIA RISKS: Unfavorable reactions to prescribed medications, including the local anesthesia, may include allergic reactions with skin rash and itching, nausea, vomiting, convulsions, coma, respiratory failure, heart failure or even death. Bruising is common with pretreatment lidocaine injections, and the risk increases if you take aspirin products or are on blood thinners. Bruises are temporary and resolve in 1-2 weeks.

ALLERGIC REACTION: It is possible that an allergic reaction to an anesthetic, topical cream or oral medication can occur.

****A special note on COVID-19:** If you have an undetected COVID-19 infection or develop one in the months following your procedure, we do not know if this will affect healing or have unknown side effects.

MULTIPLE TREATMENTS AND MAINTENANCE TREATMENTS: Patient response varies from individuals. Typically a series of one to three laser treatments with the Pearl are recommended depending on desired result and initial severity of the condition. However, some patients may require additional treatments to achieve the same results. Maintenance treatments may also be necessary to maintain results.

PATIENT SATISFACTION: Most of our patients/clients have been happy with their results, although results are variable and we cannot provide you with any guarantee of your results.

POST TREATMENT CARE: There is specific post treatment care after CO2RE laser that has been researched and put together for optimal healing. You may be required to pick up these products before your treatment. Please follow the instructions given to you by your provider and on the post-op info sheet. Failure to do so may result in sub-optimal results or side effects such as listed above. Stringent attention to sunscreen containing > 7% zinc oxide can help to prevent hyperpigmentation. Sun avoidance for 6 months is recommended for minimizing complications and post treatment adverse events.

Do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following provider(s): Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, and Elana Block MSN, RN to perform the following procedure: **CO2RE Fractional Carbon Dioxide Laser Resurfacing**

The above procedure, risks, and benefits have been explained to me in a way that I understand.

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I consent to photographic use for medical, scientific, and/or educational purposes for the appropriate portions of the face and/or body.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
THE ABOVE PROCEDURE TO BE UNDERTAKEN
THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
THERE ARE RISKS TO THE PROCEDURE PROPOSED
ANY QUESTIONS I MAY HAVE ASKED HAVE BEEN ANSWERED TO MY SATISFACTION

I consent to the procedure and the above listed items. I am satisfied with the explanation.

My Physician discussed my procedure, I understand the risks and benefits of the procedure have read the consent form I understand and I received a copy. I agree.