



CONSENT- CELLFX

CellFx Consent:

Consent

INFORMED CONSENT INTRODUCTION

Thank you for choosing Advanced Dermatology for your cosmetic skincare treatments. We value the opportunity to consult you on your aesthetic concerns and desires in the effort to promote healthy youthful skin.

Cosmetic treatments (injectable and laser, light or other energy-based therapy) are procedures that have both benefits and risks that need to be considered. A series of documents called Informed Consents have been prepared for you by Advanced Dermatology, LLC to help you make an informed decision. Informed Consent documents are used to communicate information about treatments, along with disclosure of risk and alternative treatment(s). It is important that you read these documents carefully and completely.

Only when you have no questions or concerns do you initial each page, indicating that you have read and fully understand all the items it discusses. When you arrive at the end of the document, please sign the consent for the procedure. If you have any remaining questions or concerns, do not sign the consent until getting these questions answered by Dr. Taub, one of her staff members or Advanced Dermatology's Cosmetic Coordinator at 847-459-6400.

FINANCIAL RESPONSIBILITY: All cosmetic, injectable and laser, light or other energy-based treatments are considered a cosmetic procedure and therefore not covered by insurance. We will not submit these treatments to your insurance and require that you pay at the time of service. You will receive Financial Protocols for each treatment that is recommended for you that are valid for 90 days from the date of our recommendation. Should the price change after 90 days you would be responsible for any increase in cost.

WHO WILL PERFORM MY TREATMENTS: We have a variety of highly skilled providers for each of our services. Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, Elana Block MSN, RN, Alla Molchanov, Lic. Cosm., Emily Jamieson, Lic. Esth. (LE), Rachel Walker, LE, Nicole McNellis, LE, Alyssa Conner, LE, and Brittany Hartnett, Lisc. Cosm.all perform cosmetic treatments at Advanced Dermatology. All providers at Advanced Dermatology have been specifically trained by Dr. Taub and are all licensed professionals in the state of Illinois. Dr. Taub reviews and approves every treatment performed at Advanced Dermatology. Dr. Taub is a board-certified dermatologist with over 20 years in practice and is Medical Director and Founder of Advanced Dermatology. We have taken great measures to ensure that your treatment is performed safely and effectively. We attend national meetings frequently to keep updated on the latest, best and safest techniques and remain at the forefront of cosmetic dermatology.

DISCLAIMER: What your Physician, Physician Assistant, Laser Provider, Esthetician, Cosmetologist, and/or Cosmetic Coordinator have discussed with you and included again in these documents are the material risks, both common and uncommon, that they feel a reasonable person would want to know, understand, and consider in deciding if this treatment is something they would like to proceed with. Some risks cannot be foreseen. It is important that you read the information contained in each consent document and have all your questions answered before signing the consent. Questions and concerns can be answered in the office through a consultation appointment or by calling 847-459-6400.

INFORMED CONSENT BOOKLET- CellIFX®

CellFX® System is a platform designed to address the reduction and clearance of various types of benign skin lesions, bumps or growths such as sebaceous gland hyperplasias (SGHs), seborrheic keratoses (SKs), dermatofibromas, and/or warts. While benign, most of these skin lesions are made up of abnormal cells. A lesion can look like a spot, bump, or growth, can have pigment or be clear and can appear anywhere on the face and body. Skin lesions appear different than the skin around it because it is typically made up of irregular cells that are caused by malformations of the structure of the skin. The CellFX® procedure clears the cells of a lesion while sparing the surrounding non-cellular layers of skin tissue.

The CellFX® procedure uses nano-pulse technology to deliver ultrafast, non-thermal, electrical energy pulses, via microneedles, to alter the cells that cause these skin lesions. The treatment causes destruction to the abnormal cells and stimulates cell turnover, replacing affected cells with healthy new cells. Since there is no heat or cooling involved and the procedure is cell-specific, the technology reduces the risk of damage or scarring to the surrounding skin and supports a more gentle healing process. After the treated area is allowed the proper healing time, the procedure may be repeated a few times until the skin lesion is removed. The specimens that will be treated during your treatment are not usually sent to the lab. However, if your medical provider feels this is necessary, the tissue may be sent to a separate lab where it will be read by a dermatopathologist who specialize in reading skin tissue specimen. You may receive a separate bill for this service if it is not covered by your insurance plan.

ALTERNATIVE TREATMENT: Depending on the target and type of skin lesion, alternative treatments may include electrodessication & curettage (burning and scraping), liquid nitrogen (freezing), shave removal, intralesional injections, photodynamic therapy, laser resurfacing and/or other laser procedures.

WHO IS A GOOD CANDIDATE: Anyone who has unwanted benign lesions, or other skin condition that could be expected to be improved with this treatment that understands the risks, costs and time necessary to achieve the full benefit of the procedure and who has realistic expectations of the ultimate outcome.

WHO IS NOT A GOOD CANDIDATE: If you are pregnant, have been on Accutane within 6 months, have an active cold sore, or have a history of keloid scarring, you should not have this procedure. If you are tanned or have recently been exposed to the sun in the area you are having treated, you may be more susceptible to potential side effects such as blisters or crusts and/or your treatment may need to be reduced in intensity or postponed until the tan fades. If you have any active infection of Herpes Simplex (cold sores) in the treatment area, we recommend postponing treatment due to risk of spread.

The following are contraindications to having a CellFX treatment:

- - Patients having local or systemic infection
- - Lesions in the vicinity of implanted electronic devices or implanted devices with metal parts
- - Patients with an implanted pacemaker in the thoracic area
- - Lesions of the eyes, including the eyelids
- - Patients having patient history of epilepsy or cardiac arrhythmia
- - Patients having recent history of myocardial infarction or structural heart disease

Patients who have had prior treatment with parenteral gold therapy (gold sodium thiomalate) should not be treated. These patients may develop localized chrysiasis discoloration that occurs in sun-exposed sites of some patients who are on gold therapy. The skin discoloration can persist long-term and be very traumatic to the patient. Gold salts are prescribed for some patients with rheumatoid or other arthritic conditions.

This treatment is indicated for patients who are 22 years old or older. This treatment is considered off-label in patients who are 18-22 years old. Patients who are younger than 18 years old require a parental consent for this treatment to be performed.

RISKS: Every medical procedure involves a certain amount of risk and it is important that you understand the risks involved in the CellFX® procedure.

DISCOMFORT: To minimize discomfort, each lesion will be numbed with a local anesthetic injection. You may feel slightly pressure from the microneedle insertion placed on top of the lesion.

NERVE SENSATION: During the treatment, you may feel a mild sensation of tingling or minor twitching. Most people find this to be tolerable. Twitching is not an unusual reaction, as your nervous system communicates and functions via electrical signals. This sensation is temporary and subsides after the treatment cycle is complete.

SCABBING/BLEEDING/REDNESS/SWELLING/PEELING: The healing process can look different for each person. After treatment, you may experience minor bleeding due to microneedle insertion from the procedure. Over 14 days, a crust or scab may develop on the treated area and may be sensitive to the touch. Do not pick or exfoliate at these spots. You may apply makeup over these, but it is important that you do not try to remove these from your skin. Temporary mild redness, swelling, and flaking at the lesion site may occur. Over time, the skin gradually regenerates and returns to its normal appearance. While uncommon, discomfort may persist for a few days. Prolonged pain or development of increasing pain or discharge should be a cause for concern and you should contact our office immediately at 847-459-6400.

BRUISING: Bruising may occur especially if there are large vessels or many blood vessels on the face. This is temporary and usually resolves in 1-2 weeks, although uncommonly can last for longer; a staining from the bruising can occur and be permanent, although this is very unlikely. These risks do increase if you take aspirin products or other blood thinners.

SKIN WOUND, INFECTION, AND SCARRING: An open or closed skin wound may occur. Any unexpected wound, pain, redness or pus should be reported to your treatment provider promptly and may need additional treatment. Slight facial contour changes caused from benign lesion clearance may occur, but this should resolve as normal skin tissue regenerates and fills the area. Occasionally, skin wounds may lead to permanent scarring, even if treated. Infection is possible with inflammation, heating or opening of the skin. Infections may lead to permanent scarring, even if treated.

HYPOPIGMENTATION AND HYPERPIGMENTATION: Residual skin effects or changes in the pigmentation (too little or too much) of the skin may occur after treatment. Any change in color of the skin that is not expected should be reported to your treatment provider and may need additional treatment. Pigmentation changes may become permanent, even with additional treatment.

MULTIPLE TREATMENTS AND MAINTENANCE TREATMENTS: While individual results will vary, most benign lesions can be successfully cleared (removed) with a single procedure session. Please be advised that these results may not occur in every single case. For more difficult-to-treat lesions, your provider may recommend a second procedure session. Depending on the depth and type of lesion, multiple treatments may be needed. Risks of treatment with CellFX® include incomplete removal of the lesion or recurrence of the lesion. There are no set requirements for numbers of treatments, however, only recommendations. New lesions may appear over time; therefore, more treatments may be needed if reduction is desired. .

PATIENT SATISFACTION: Most of our patients/clients have been happy with their results, although results are variable and we cannot provide you with any guarantee of your results. In clinical studies, the CellFX procedure achieved high levels of efficacy (rated clear or mostly clear by physicians) for most commonly treated cellular-based benign lesions. Like any other cosmetic procedure,

results can vary from patient to patient. Also, as with other energy-based procedures used in aesthetic procedures, patients can react differently and potentially experience minor reactions and skin effects during and after the procedure, as well as during the healing process.

POST TREATMENT CARE: Follow the instructions given to you by your provider and on the post-op info sheet. Failure to do so may result in sub-optimal results or side effects such as listed above.

Do not touch the equipment while in the room. Laser equipment is dangerous and a misfire could cause skin or eye damage that is permanent.

CONSENT FOR PROCEDURE

I have read all pages contained in this document and hereby authorize the following providers: Amy Taub, MD, Anne Marie Leger, MD, Monika Kaniszewska, MD, Emily Oehler, PA-C, Steven Prus, PA-C, Ann Cameron Schieber, PA-C, Jessica Dooley, PA-C, and Elana Block MSN, RN to perform the following procedure: **CelliFX®**

I recognize that during the course of the procedure unforeseen conditions may necessitate different procedures than those described above. I therefore authorize the provider(s) to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable.

I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.

I authorize the taking of clinical photographs to be used for my medical records or for anonymous use in lectures or scientific publications that could benefit medical research and education. They will not be used for advertising without my written consent.

For purposes of advancing medical education, I consent to the admittance of observers to the procedure.

IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
THE ABOVE PROCEDURE TO BE UNDERTAKEN
THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
THERE ARE RISKS TO THE PROCEDURE PROPOSED
ANY QUESTIONS I MAY HAVE ASKED HAVE BEEN ANSWERED TO MY SATISFACTION

I consent to the procedure and the above listed items. I am satisfied with the explanation.